

**MERRIMACK RIVER GREENWAY TRAIL  
TRIATHLON  
RACE DAY ENTRY FORM**

Official Race Use Only

BIB #

Payment:

***Event (Please check one)***

Kids' Fun Run \_\_\_\_\_

Individual Triathlon \_\_\_\_\_

Relay Triathlon (if relay, indicate team name) \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Age (on Race Day): \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

**Waiver**

*I know that participation in The Merrimack River Greenway Trail Triathlon has potential risks. I assume the risks of running and biking with rocks, roots, and uneven trail surfaces and paddling with possible current and wind. I also assume any and all risks associated with participation in an event of this nature including, but not limited to, falls and effects of weather, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry fee, I hereby for myself, heirs, executors, administrators, or anyone who might claim on my behalf, covenant not to sue and waive release and discharge The Merrimack River Greenway Trail Committee, all sponsors, volunteers and race officials from any/all claims or liability for death, personal injury or damage of any kind arising out of participation in this event. This release and waiver extends to all claims of every nature, whatsoever foreseen, known or unknown.*

Name (print) \_\_\_\_\_

Date: \_\_\_\_\_

Signature (If under 18, parent/ guardian's signature) \_\_\_\_\_